

Safe touching

Not-OK touching

- Rude touching could be someone touching your breasts, bottom, vagina or penis
- Hugs or kisses that you don't like and make you feel weird, yucky or unsure
- If someone makes you touch them and you don't want to do it
- If someone says that the touching is a secret and asks you not to tell
- If someone uses threats or bribes, e.g. they will not be your friend anymore

Safe touching

- Makes you feel good, happy and loved
- This kind of touching could be hugs and kisses from someone in the family that you love and trust, or a pat on the back or a high five from a friend who is encouraging you - good kisses and good hugs from people you are happy to be close to



Talk, play and stay safe OK!

What are our rules and safety plan to help everyone feel safe in our home?

It is important to equip all **tamariki** (children) in the home to respond to 'not-OK' touching.

Making a plan together as a **whānau** (family) is a good way for not-OK touching to be part of your every day conversations.

A plan could include:

- Safe ways for children to play in the home

- Where you can touch your own private parts
- **Boundaries** around online / internet safety
- **Equipping** children to respond to not-OK touching
- How to say 'No!' - Walk away; tell the person that it is not OK or to stop; talk to a safe adult who will **listen** and help you



For more information, check out
www.stop.org.nz

stop

A community Free
from Sexual Abuse
He Hapori Waatea/Taitookai