

Rules about our bodies

These are important rules to learn!

- My **tinana** (body) belongs to me
- Another person's body belongs to them
- Parts of our bodies are private and are covered by clothes
- Touching your own private parts can feel nice and is OK if it's done in a private place and not in front of other people
- A private place could be your bedroom or bathroom with the door closed
- It's **not OK** to touch other people's private parts



TALK AND **STAY**
PLAY **SAFE** **OK!**

stop
A community Free
from Sexual Abuse
He Hāpori Waatea/Taitookai

Rules for toilets and getting changed

Rules for toilets

- One person only in the **wharepaku** (toilet) cubicle at a any one time
- Toilets are not a place for playing
- People need to have privacy when using the **wharepaku**

Rules for getting changed

- People want **privacy** when they take off their clothes
- It is not OK to watch people getting changed
- It is not OK to try and see people naked or look up their clothing

If people don't follow these rules about bodies, it can make **tamariki** (children) feel worried, **pouri** (sad) or confused. It is good for children to tell a safe adult if someone is not following the rules about bodies.



For more information, check out
www.stop.org.nz