

Rules about touching

There are rules in life for most things; rules on how to play games, how to drive a car and how to use a computer.

There are rules about good touching too.

Rules about touching:

- Always be **respectful** of another person's space or personal bubble and body
- Say **NO** to bottom games
- Private parts are private - it's simple!

Tamariki (children) are curious and learn about their bodies in different ways. Safe adults in their lives who are calm and confident about rules of touch can give safe playing messages.



TALK AND **STAY**
PLAY **SAFE** **OK!**

stop
A community Free
from Sexual Abuse
He Hāpori Waatea/Taitookai

Talking about 'OK' and 'not-OK' touching

- Both adults and children can find talking about OK and not-OK touching hard
- It can feel awkward and embarrassing, but all children will benefit from these **kōrero** (talks) by knowing and learning clear boundaries
- Adults who are **clear** about good touching rules and role model respectful behaviour will equip children to know how to respond. Children may need to say '**No, that is not OK**' if they are in a situation with others who engage in not-OK touching, play bottom games or look at images that are not OK for children
- Equipping **tamariki** with these rules on good safe touch will help to minimize incidents of concerning sexualised behavior and help to keep all children safe

PRIVATE PARTS
ARE PRIVATE

For more information, check out
www.stop.org.nz